

THE ACC PATHWAY

The ACC Pathway

70 Hours of coach-specific training, and 10 hours of mentor coaching (7 hours in a mentor group, followed by three sessions of individual coaching).

Every coach who completes CoachNet's ACC Pathway learns the fundamentals of coaching and completes two of the four requirements to qualify for an Associated Certified Coach credential from the International Coach Federation! (You will still need to complete your coaching hours and pass the Coach Knowledge Assessment from the ICF.)

Learn the Essentials!

The ACC Pathway from COACHNET



UNIT 1
99 INTEGRATE YOUR COACHING SKILLS
6 Hours



UNIT 2
100 LAUNCH
20 Hours



300 UNDERSTANDING MY BEHAVIOR IN COACHING
4 Hours



UNIT 3
200 LAB
8 Hours
Short Courses (4 Hours Each):
300, 301, 302, 303

301 ESTABLISHING THE IDEA INTAKE PROCESS
4 Hours

302 DEEP LISTENING SKILLS
4 Hours

303 ASKING POWERFUL QUESTIONS
4 Hours



UNIT 5
GROUP MENTOR COACHING
10 Hours
7 Group/3 One-on-one



UNIT 4
400 ESSENTIAL
20 Hours



99 INTEGRATING YOUR COACHING SKILLS

Unit 1: 99 Integrating Your Coaching Skills is six hours of coach-specific training focused on understanding the kind of coach you want to be and developing the unique skills you will need to serve your ideal client.



100 LAUNCH

Unit 2: 100 Launch is 20 hours of coach-specific training, delivered online in group cohorts under the guidance of a trained instructor. The eight live sessions take place in live online learning sessions.



200 LAB

Unit 3: 200 Lab is eight interactive online sessions including coaching practice and feedback. In these one-hour sessions, you'll coach, receive coaching and learn to listen for what makes an excellent session. (These three approaches add up to a masterful coaching skill set!) You'll learn to apply the ICF Competencies as an evaluation tool.



300 UNDERSTANDING MY BEHAVIOR IN COACHING

Once you've finished 100 & 200, your next target is the four short courses that are a part of the ACC Pathway. (Some coaches start these short courses before completing 200 Lab.)

- **300 Understanding My Behavior in Coaching** is four online sessions where you'll use the Harrison Assessment to focus on WHAT you do naturally and how those behavioral patterns support effective coaching. You'll walk away understanding what you do as a coach (and what your client does), so you can make the most of your coaching calls.
- **301 Establishing the Ideal Intake Process** is four online sessions focusing on the coaching relationship BEFORE it begins.
- **302 Deep Listening Skills** is four hours of coach-specific training to develop your listening skills, so you hear not only what the client is saying, but connect the dots about what the client is NOT saying.
- **303 Asking Powerful Questions** delivers four hours of coach-specific training focused on high-level skills for asking powerful questions that dig beneath the surface to discover what's going on.



400 ESSENTIAL

Unit 4: 400 Essential is the final training component of the ACC Pathway—20 hours delivered in an online cohort, taking a deep dive into the internal makeup of a masterful coach. This class meets in 8 two-hour sessions, typically offered in one session per week.



GROUP MENTOR COACHING

Unit 5: In Group Mentor Coaching, you can expect 10 hours of coaching to help you become an even more effective coach. Of the 10 hours, seven hours will be in a group setting, and the remaining three hours are one-on-one in individual sessions. To get the most out of mentor coaching, you should be actively coaching at least two people, have accumulated at least 30 hours of coach specific training and have a minimum of 50 hours coaching experience. You can start anytime during the ACC or PCC Pathway, when you meet the criteria.

The ACC Pathway satisfies two of the four requirements for the Associate Certified Coach credential in the ICF. You'll need to acquire 100 hours of coaching experience, pass the Coach Knowledge Assessment and pass the performance evaluation (using a recorded coaching session).

For more information about the ACC Pathway, contact Amy Glazer at CoachNet. You can reach her at amy@coachnet.org or call 330.936.3768.