



Integrated Coach Training
CoachNet Global LLC
807 Effective Relationship
Current as of April 2018

807 Establishing An Effective Coaching Relationship Syllabus



Course Expectations and Requirements:

This syllabus describes educational expectations for completing 807 Establishing An Effective Coaching Relationship as a part of the Integrated PCC Pathway. If you have questions, please contact Amy Glazer (amy@coachnet.org/330.936.3768) or Judy Pence (judy@coachnet.org/216.857.0085).

Basic Information:

- 807 Establishing An Effective Coaching Relationship
- Online

Number of Coach Specific Training Hours:

- 4 x 60 minute class sessions (online)
- CoachNet uses a system called Zoom Meeting for our online training. You can access it through the Zoom Meeting app, or through your browser. You can acquire the link through www.coachnet.org under My Courses
- One writing assignment (submitted for review by instructor)

Instructor's Name:

Dave Brunelle, ACC
dave@rockcle.org
216.224.7625

Contacting the CoachNet Team:

Amy Glazer, ACC
Director of Coaching Community
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Website Description:

The ceiling for a coaching relationship is often set in the first session or two. High impact coaches build trust, rapport and healthy boundaries that set their coaching relationships up for maximum success. The 4 session course explores what it takes to connect with your client in ways that ensure your relationship is effective.

You'll discover what relational foundation is most effective, how to draw out the client's deepest purpose, establish the coaching agreement and to work with your client toward their outcomes. This course will help ensure your coaching relationships start fast and go deep.

This course covers the following ICF Core Competencies:

#2 Establishing the Coaching Agreement

#3 Establishing Trust & Intimacy with the Client #4 Coaching Presence

#11 Managing Progress & Accountability

4 - 60 minute sessions

4 coach-specific training hours

This is a part of the Integrated PCC Pathway

Course Objectives:

The objectives for this course are:

- Understand the full coach development arc as CoachNet applies it
- Equip yourself with a basic skill set for informal & formal coaching
- Practice (with feedback)
- Experience the ICF Core Competencies and Code of Ethics
- Conduct formal and informal coaching conversations to begin to understand formal coaching relationships

Required Student Resources:

To successfully complete 807 Establishing An Effective Coaching Relationship you will need:

- A reliable internet connection
- A reliable telephone
- A copy of the 807 Establishing An Effective Coaching Relationship Participant's Sessions Guide
- An email address
- Word processing software to submit final assignments in Microsoft Word format

Course Schedule/Outline/Calendar of Events:

807 Establishing An Effective Coaching Relationship follows one of two formats: online for 4 - 60 minute sessions, online for two 2 hour sessions. Both formats include follow up assignments.

807 Establishing An Effective Coaching Relationship begins online 3-5 times per year on average.

Course Outline:

Session	Class Focus	Follow Up Assignment
1	Ensuring Effectiveness	
2	Permission and the Coaching Agreement	
3	How to Build a Coaching Relationship	
4	Best Practices for Starting Well	Journal Assignment (15-45 Minutes)

All assignments must be submitted to the Instructor within 30 days of the final class.

Criteria for Grading:

807 Establishing An Effective Coaching Relationship is conducted on a pass/fail basis.

You will pass 807 Establishing An Effective Coaching Relationship if:

- You attend the required 75% of live course sessions and participate in class discussions
- You listen to the recordings of missed session
- You submit your writing assignments demonstrating comprehension and application of the material

Suggested Bibliography:

Reitz, Jonathan. Coaching Hacks. Cleveland, OH CoachNet Global LLC. 2017

Ogne, Steven L. & Roehl, Tim. Transformational Coaching: Empowering Leaders in a Changing Ministry World. Nashville, TN B&H Publishing Group. 2008.

Reitz, Jonathan. A Theology of Coaching. Cleveland, OH CoachNet Global LLC. 2014

Whitmore, John. Coaching for Performance. Hoboken, NJ Pfeiffer & Company. 1992.

Whitworth, Laura; Kimsey-House, Henry; and Sandahl, Phil. Co-Active Coaching. Boston, MA. Nicholas Brealey Publishing, 3rd Edition 2011.

First Taught:

- January 2013

Syllabi on Learning Platform:

- The downloadable syllabi presented on coachnet.org shall contain the date of last update.